



Coming of Age Retreat Program

For 8th-10th grade youth in COA programs at their own UU church.

Mission Statement

To provide retreat experiences for youth that will further the depth of the Coming of Age programs at their respective congregations. The purpose of the retreats and of the Coming of Age programs is to help our youth integrate their childhood into their emerging adulthood, with a clear sense of themselves and their place in the Unitarian Universalist church and in the world.

Program Objectives

Retreats will help youth:

- ★ Explore their own spirituality.
- ★ Have a deeper understanding of Unitarian Universalism.
- ★ Appreciate and continue the lifelong process of values clarification.
- ★ Recognize and accept responsibility for decision-making.
- ★ Explore their options for service, both to their church and to the community.
- ★ Deepen their relationships with youth and adult members in other churches.
- ★ Come to a positive understanding of their personal capabilities and unique qualities.
- ★ Test themselves against their own preconceived limits.
- ★ Solidify their commitment to Unitarian Universalism.

For Further Information: Contact your church's RE program or Jeanelyse Doran Adams at the Pacific Central District office.
Phone: 925-381-3250
E-Mail: Jeanelyse@pcd-uua.org

PROGRAM RESPONSIBILITIES

Youth Participants' Responsibilities

Attend each Coming of Age event, both the district retreats/events and those scheduled by their own congregation.
Notify someone if an emergency makes their attendance impossible.
Take the program seriously and accept full responsibility for their own participation.
Notify their minister, religious educator, or a member of the Coming of Age Task Force if there are any problems with the program.

Parents of Participants' Responsibilities

Commit to full support of program and their youth's participation.
Provide transportation to and from events as needed.
Provide their youth with any parental support needed to help their youth complete components of the program that might personally challenging.
Notify their minister, religious educator, or a member of the Coming of Age Task Force if there are any problems with the program.

Participating Congregations' Responsibilities

Provide a congregation program for its participants in addition to the three PCD weekends, including an adult mentor, community service, knowledge of Unitarian Universalism and personal spiritual growth.
Provide recognition to participants completing the program during the Sunday, May 15th, 2011, service.
Provide adult support for retreat implementation, including chaperones, kitchen assistance and other support requested.
Assist the PCD with registration, organization and communication to adult and youth participants from the congregation.
Notify a member of the Coming of Age Task Force if there are any problems with the program.

Registration Information

To register for the program, see your Religious Educator or contact the PCD. Registration is available on-line at www.pcd-uua.org. Note each set of retreats has a maximum capacity and registrations are first come, first served.